



Planet
BOTANIX

THE GARDEN OF HEALING.

301 BANK STREET, OTTAWA, ON | 613-567-4444 | WWW.PLANETBOTANIX.COM



Practitioner



Dianna Bernhardt

Western Traditional Herbalist and Healer

The Western tradition of herbalism is a proud grandmother's tradition that has been lovingly cultivated into a clinical practice but is oriented to encouraging us to nurture ourselves in our daily lives with more energy, elevated mood and the understanding that when we nourish our bodies we can accomplish healing.

Incorporated into Dianna's practice are:

- Several other herbal traditions
- Reflexology
- Aromatherapy
- Algonquin Healing Ceremony

When you visit you will be able to choose between different sorts of consultations an acute (first aid) treatment.

Please look for upcoming workshops.

Schedule: Tuesdays 10-6.