



Planet  
BOTANIX

THE GARDEN OF HEALING.

301 BANK STREET, OTTAWA, ON | 613-567-4444 | WWW.PLANETBOTANIX.COM



## Practitioner



Magda Leszczynska

I practice modern and ancient therapies and provide assistance for Adults, Children, and Babies. In everyday life I am a shaman, a visionary, a student, and a passionate apprentice of Traditional Chinese Medicine, Tarot, Enneagram, and holistic approach to life, healing, and living. Holistic healing involves the art of living consciously. Living consciously is to know yourself, and know how to heal yourself – this I help you bridge, but you tell me how.

- Registered Massage Therapy
- Hot Stone Therapy
- Shiatsu
- CranioSacral Therapy
- SomatoEmotional Release
- Hypnotherapy
- Reiki
- Shamanic Healing and Energy Medicine
- Acupuncture (September 2010).

[www.EssentiaOttawa.com](http://www.EssentiaOttawa.com)

**Schedule:** Tuesdays 10-6