



Planet
BOTANIX

THE GARDEN OF HEALING.

301 BANK STREET, OTTAWA, ON | 613-567-4444 | WWW.PLANETBOTANIX.COM



Practitioner



Stephan Giunta, Naturotherapist n.d., CO, Cst

Naturotherapy is a multidisciplinary form of healing that relies on

- the understanding that the body is a unit and
- on the natural ability of the body to self heal and to self regulate.

I use physical techniques such as Osteopathy, CranioSacral Therapy and/or Massage to remove tensions and restrictions in the body. This I do in order to encourage structural and physiological harmony, self healing and overall better being.

www.GeneralBodyAdjustment.com

Schedule: Fridays 10-6.